



Florence Scovel Shinn

**THE GAME OF LIFE
AND
HOW TO PLAY IT**

Title

Florence Scovel Shinn

THE GAME OF LIFE
and
HOW TO PLAY IT

Bird Publisher, 2008

About this eBook

FLORENCE SCOVEL SHINN: THE GAME OF LIFE AND HOW TO PLAY IT

Florence Scovel Shinn, 1925

© Bird Publisher, 2008

ISBN 978-961-6763-02-8

Published by:

Bird Publisher

DP, založništvo, d.o.o.

Levčeva ulica 13

SI - 1234 Mengeš

Slovenia T: +386 (0)1 723 78 28

Email: info@bird-publisher.com

www.bird-publisher.com

Published in electronic format, October 2008 by Bird Publisher

For the Publisher, cover & eBook by Damjan Plut

Available electronically at: www.bird-publisher.com.

Copyright and license

All rights reserved

Without limiting the rights under copyright reserved above, no part of this publication may be reproduced, stored in or introduced into a retrieval system, or transmitted, in any form, or by any means (electronic, mechanical, photocopying, recording, or otherwise) without the prior written permission of both the above publisher of this book.

License Notes

This eBook is licensed for your personal enjoyment only. This ebook may not be re-sold or given away to other people. If you would like to share this book with another person, please purchase an additional copy for each person you share it with. If you're reading this book and did not purchase it, or it was not purchased for your use only, then you should purchase your own copy. Thank you for respecting the author's work.

CONTENTS

Title

About this eBook

Copyright and license

CONTENTS

THE GAME

THE LAW OF PROSPERITY

THE POWER OF THE WORD

THE LAW OF NONRESISTANCE

THE LAW OF KARMA and THE LAW OF FORGIVENESS

CASTING THE BURDEN

LOVE

INTUITION OR GUIDANCE

PERFECT SELF-EXPRESSION or THE DIVINE DESIGN

DENIALS AND AFFIRMATIONS

DENIALS AND AFFIRMATIONS

THE GAME

Most people consider life a battle, but it is not a battle, it is a game. It is a game, however, which cannot be played successfully without the knowledge of spiritual law, and the Old and the New Testaments give the rules of the game with wonderful clearness. Jesus Christ taught that it was a great game of Giving and Receiving.

"Whatsoever a man soweth that shall he also reap." This means that whatever man sends out in word or deed, will return to him; what he gives, he will receive. If he gives hate, he will receive hate; if he gives love, he will receive love; if he gives criticism, he will receive criticism; if he lies he will be lied to; if he cheats he will be cheated. We are taught also, that the imaging faculty plays a leading part in the game of life.

"Keep thy heart (or imagination) with all diligence, for out of it are the issues of life." (Prov. 4:23.) This means that what man images, sooner or later externalizes in his affairs. I know of a man who feared a certain disease. It was a very rare disease and difficult to get, but he pictured it continually and read about it until it manifested in his body, and he died, the victim of distorted imagination.

So we see, to play successfully the game of life, we must train the imaging faculty. A person with an imaging faculty trained to image only good, brings into his life "every righteous desire of his heart"-health, wealth, love, friends, perfect self-expression, his highest ideals.

The imagination has been called, "The Scissors of The Mind," and it is ever cutting, cutting, day by day, the pictures man sees there, and sooner or later he meets his own creations in his outer world. To train the imagination successfully, man must understand the workings of his mind. The Greeks said: "Know Thyself."

There are three departments of the mind, the subconscious, conscious and superconscious. The subconscious, is simply power, without direction. It is like steam or electricity, and it does what it is directed to do; it has no power of induction. Whatever man feels deeply or images clearly, is impressed upon the subconscious mind, and carried out in minutest detail.

For example: a woman I know, when a child, always "made believe" she was a widow. She "dressed up" in black clothes and wore a long black veil, and people thought she was very clever and amusing. She grew up and married a man with whom she was deeply in love. In a short time he died and she wore black and a sweeping veil for many years. The picture of herself as a widow was impressed upon the subconscious mind, and in due time worked itself out, regardless of the havoc created.

The conscious mind has been called mortal or carnal mind. It is the human mind and sees life as it appears to be. It sees death, disaster, sickness, poverty and limitation of every kind, and it impresses the subconscious.

The superconscious mind is the God Mind within each man, and is the realm of perfect ideas. In it, is the "perfect pattern" spoken of by Plato, The Divine Design; for there is a Divine Design for each person.

"There is a place that you are to fill and no one else can fill, something you are to do, which no one else can do."

There is a perfect picture of this in the super-conscious mind. It usually flashes across the conscious as an unattainable ideal "something too good to be true."

In reality it is man's true destiny (or destination) flashed to him from the Infinite Intelligence which is within himself. Many people, however, are in ignorance of their true destinies and are striving for things and situations which do not belong to them, and would only bring failure and dissatisfaction if attained.

For example: A woman came to me and asked me to "speak the word" that she would marry a certain man with whom she was very much in love. (She called him A. B.) I replied that this would be a violation of spiritual law, but that I would speak the word for the right man, the "divine selection," the man who belonged to her by divine right.

I added, "If A. B. is the right man you can't lose him, and if he isn't, you will receive his equivalent." She saw A. B. frequently but no headway was made in their friendship. One evening she called, and said, "Do you know, for the last week, A. B. hasn't seemed so wonderful to me." I replied, "Maybe he is not the divine selection - another man maybe the right one." Soon after that, she met another man who fell in love with her at once, and who said she was his ideal. In fact, he said all the things that she had always wished A. B. would say to her.

She remarked, "It was quite uncanny." She soon returned his love, and lost all interest in A. B.

This shows the law of substitution. A right idea was substituted for a wrong one, therefore there was no loss or sacrifice involved.

Jesus Christ said, "Seek ye first the Kingdom of God and his righteousness; and all these things shall be added unto you," and he said the Kingdom was within man. The Kingdom is the realm of right ideas, or the divine pattern.

Jesus Christ taught that man's words played a leading part in the game of life. "By your words ye are justified and by your words ye are condemned." Many people have brought disaster into their lives through idle words.

For example: A woman once asked me why her life was now one of poverty of limitation. Formerly she had a home, was surrounded by beautiful things and had plenty of money. We found she had often tired of the management of her home, and had said repeatedly, "I'm sick and tired of things - I wish I lived in a trunk," and she added: "Today I am living in that trunk." She had spoken herself into a trunk. The subconscious mind has no sense of humor and people often joke themselves into unhappy experiences.

For example: A woman who had a great deal of money, joked continually about "getting ready for the poorhouse."

In a few years she was almost destitute, having impressed the subconscious mind with a picture of lack and limitation. Fortunately the law works both ways, and a situation of lack may be

changed to one of plenty.

For example: A woman came to me one hot summer's day for a "treatment" for prosperity. She was worn out, dejected and discouraged. She said she possessed just eight dollars in the world. I said, "Good, we'll bless the eight dollars and multiply them as Jesus Christ multiplied the loaves and the fishes," for He taught that every man had the power to bless and to multiply, to heal and to prosper.

She said, "What shall I do next?" I replied, "Follow intuition. Have you a 'hunch' to do anything, or to go anywhere?" Intuition means, intuition, or to be taught from within. It is man's unerring guide, and I will deal more fully with its laws in a following chapter.

The woman replied: "I don't know; I seem to have a 'hunch' to go home; I've just enough money for carfare." Her home was in a distant city and was one of lack and limitation, and the reasoning mind (or intellect) would have said: "Stay in New York and get work and make some money." I replied, "Then go home; never violate a hunch." I spoke the following words for her: "Infinite Spirit open the way for great abundance for her. She is an irresistible magnet for all that belongs to her by divine right." I told her to repeat it continually also. She left for home immediately. In calling on a woman one day, she linked up with an old friend of her family.

Through this friend, she received thousands of dollars in a most miraculous way. She has said to me often, "Tell people about the woman who came to you with eight dollars and a hunch."

There is always plenty on man's pathway; but it can only be brought into manifestation through desire, faith or the spoken word. Jesus Christ brought out clearly that man must make the first move.

"Ask, and it shall be given you, seek, and ye shall find, knock, and it shall be opened unto you. (Mat. 7:7.) In the Scriptures we read: "Concerning the works of my hands, command ye me." Infinite Intelligence, God, is ever ready to carry out man's smallest or greatest demands.

Every desire, uttered or unexpressed, is a demand. We are often startled by having a wish suddenly fulfilled. For example: One Easter, having seen many beautiful rose-trees in the florists' windows, I wished I would receive one, and for an instant saw it mentally being carried in the door.

Easter came, and with it a beautiful rose-tree. I thanked my friend the following day, and told her it was just what I had wanted. She replied, "I didn't send you a rose-tree, I sent you lilies!" The man had mixed the order, and sent me a rose-tree simply because I had started the law in action, and I had to have a rose-tree.

Nothing stands between man and his highest ideals and every desire of his heart, but doubt and fear. When man can "wish without worrying," every desire will be instantly fulfilled.

I will explain more fully in a following chapter the scientific reason for this and how fear must be erased from the consciousness. It is man's only enemy; fear of lack, fear of failure, fear of sickness, fear of loss and a feeling of insecurity on some plane. Jesus Christ said: "Why are ye fearful, oh ye of little faith?" (Mat. 8:26.) So we can see we must substitute faith for fear, for fear is only inverted faith; it is faith in evil instead of good.

The object of the game of life is to see clearly one's good and to obliterate all mental pictures of evil. This must be done by impressing the subconscious mind with a realization of good. A very brilliant man, who has attained great success, told me he had suddenly erased all fear from his consciousness by reading a sign which hung in a room. He saw printed, in large letters this statement. "Why worry, it will probably never happen." These words were stamped indelibly upon his subconscious mind, and he has now a firm conviction that only good can come into his life, therefore only good can manifest.

In the following chapter I will deal with the different methods of impressing the subconscious mind. It is man's faithful servant but one must be careful to give it the right orders. Man has ever a silent listener at his side. It is his subconscious mind.

Every thought, every word is impressed upon it and carried out in amazing detail. It is like a singer making a record on the sensitive disc of the phonographic plate. Every note and tone of the singer's voice is registered. If he coughs or hesitates, it is registered also. So let us break all the old bad records in the subconscious mind, the records of our lives which we do not wish to keep, and make new and beautiful ones.

Speak these words aloud, with power and conviction: "I now smash and demolish (by my spoken word) every untrue record in my subconscious mind. They shall return to the dust-heap of their native nothingness, for they came from my own vain imaginings. I now make my perfect records through the Christ within; the records of Health, Wealth, Love and perfect self-Expression." This is the square of life, The Game completed.

In the following chapters, I will show how man can change his conditions by changing his words. Any man who does not know the power of the word, is behind the times.

"Death and Life are in the power of the tongue." (Prov. 18:21.)

THE LAW OF PROSPERITY

"Yea, the Almighty shall be thy defense and thou shalt have plenty of silver."

One of the greatest messages given to the race through the scriptures is that God is man's supply and that man can release, through his spoken word, all that belongs to him by divine right. He must, however, have perfect faith in his spoken word.

Isaiah said, "My word shall not return unto me void, but shall accomplish that whereunto it is sent." We know now, that words and thoughts are a tremendous vibratory force, ever moulding man's body and affairs.

A woman came to me in great distress and said she was to be sued on the fifteenth of the month for three thousand dollars. She knew no way of getting the money and was in despair.

I told her God was her supply, and that there is a supply for every demand.

So I spoke the word! I gave thanks that the woman would receive three thousand dollars at the right time in the right way. I told her she must have perfect faith, and act her perfect faith. The fifteenth came but no money had materialized.

She called me on the phone and asked what she was to do. I replied, "It is Saturday, so they won't sue you today. Your part is to act rich, thereby showing perfect faith that you will receive it by Monday." She asked me to lunch with her to keep up her courage. When I joined her at a restaurant, I said, "This is no time to economize. Order an expensive luncheon, act as if you have already received the three thousand dollars."

"All things whatsoever ye ask in prayer, believing, ye shall receive." "You must act as if you had already received." The next morning she called me on the 'phone and asked me to stay with her during the day. I said "No, you are divinely protected and God is never too late."

In the evening she 'phoned again, greatly excited and said, "My dear, a miracle has happened! I was sitting in my room this morning, when the doorbell rang. I said to the maid: 'Don't let anyone in.' The maid however, looked out the window and said, 'It's your cousin with the long white beard.'

So I said, 'Call him back. I would like to see him.' He was just turning the corner, when he heard the maid's voice, and he came back.

He talked for about an hour, and just as he was leaving he said, 'Oh, by the way, how are finances?' I told him I needed the money, and he said, 'Why, my dear, I will give you three thousand dollars the first of the month.' I didn't like to tell him I was going to be sued. What shall I do? I won't receive it till the first of the month, and I must have it tomorrow." I said, "I'll keep on 'treating.'"

I said, "Spirit is never too late. I give thanks she has received the money on the invisible plane and